

Article Response, 2007

By Jonathan Romig

“Dollars and Sense, a Case for Health and the Bottom Line”

[A Wisdom Scholar's thoughts on an article available for purchase at: wisdom-works.com]

(As of 2007-2008) Wisdom Scholar Jonathan Romig is a junior at Colorado State University studying business investing with a minor in English. Here are Jonathan's insights after reading this article.

“Reading this Wisdom Works article has helped develop my thought process surrounding a project I am working on in my Business Communication class. My team is developing a report on the topic of building relationships in the workplace. Through our research, we have come to the conclusion that everyday office relationships fail to meet potential. If employers take the time to develop relationships through extracurricular teambuilding activities, coworkers become more cohesive, productive, relaxed, happy, and retention is higher.

“After reading your article, I realized my project is about a mental and spiritual health that contributes to physical health. Promoting a healthy lifestyle and wellbeing in the workplace has the same goals. It’s fascinating to see Wisdom Work’s real-world business topic relate to my in class assignment.

“In order to be an influential and effective leader in personal health, I must first commit to the responsibilities myself. I plan on being a manager and Wisdom Works has helped me understand that the way I present myself will influence my employees’ and my company’s presentation. Managers have a presence everyone looks to for guidance. As a leader, I will have to maintain a healthy body, mind and attitude.”